

Contact ID: 332597  
Sample ID: 2008013146

Mr Example Results  
York Test Group Ltd,  
Genesis 3,  
Innovation Way  
Heslington  
YORK  
YO10 5DQ  
United Kingdom

Dear Mr Results,

Please find attached your results from your AllergyCheck test you undertook recently with YorkTest Laboratories.

Results are reported on a scale of 0 to 2, where 2 is the highest score. A result of class 0 may be considered to be a negative finding. The interpretation of all results scores is outlined in the table on your results sheet.

The presence of IgE antibodies is an indication that you may be allergic to the particular substance (allergen) but is not a definite diagnosis on its own as reactions will occur only if you have been exposed to them previously. Results must always be considered in conjunction with clinical symptoms and history. The clinical relevance of the results varies between substances (allergens) tested for. For some patients the higher the score, the more severe are the associated symptoms.

If you have previously been advised of an allergy but your AllergyCheck results do not show a positive result, you should continue to avoid this known allergen. Digestion, cooking processes and the level of exposure to the allergen can all affect your IgE results.

**Please note:** a negative result does not mean that you are not allergic to that particular allergen. Potentially fatal anaphylactic reactions of varying severity **can still occur** on exposure to **allergens even if you obtain a negative result from this test.**

In the case of food allergy, the offending food(s) should be removed completely from the diet. For environmental allergens if it is suggested that the offending allergen(s) is/are avoided as far as is practically possible.

**YOU MUST ALWAYS USE CAUTION WHENEVER AN ALLERGY IS SUSPECTED. IT IS ADVISABLE TO DISCUSS ANY POSITIVE RESULTS WITH YOUR GP OR PHARMACIST.**

If you have any further questions regarding your results or our AllergyCheck test please call our Customer Care team on 0800 074 6185 or visit our website [www.yorktest.com](http://www.yorktest.com) <<http://www.yorktest.com>>.

Finally may we thank you for using YorkTest Laboratories.

Yours sincerely,



**Dr Gill Hart MIBMS**



# AllergyCheck Test Results

## Personal Details

Patient Name: Mr Example Results  
Date of Birth: 21 November 1956

Date: 27 June 2008  
Contact ID: 332597  
Sample ID: 2008013146

## AllergyCheck IgE Antibody Test Results

INHALANT	CLASS SCORE
House Dustmite	2
Cat Epithelium	0
Stinging Nettle Pollen	0
Hazel Pollen	0
Birch Pollen	0
Cladosporium Herbarum	0
Grass Pollen Mix	0
Latex	0
Aspergillus Fumigatus	0
Mugwort Pollen	1
Dog Epithelium	0
Alternaria Alternata	0

Grass Pollen Mix: Sweet vernal grass/Timothy grass/Rye Grass/Rye/Velvet Grass

Class Score	COMMENT	INTERPRETATION
0	None	Negative
1	Low	Weak Positive: Clinical signs may be present on exposure to allergen
2	High	Positive: clinical signs are likely on exposure to allergen

Class Score 0 is equivalent to CAP Class 2 or below

Class Score 1 is equivalent to CAP Class between 2 and 4

Class Score 2 is equivalent to CAP Class greater than 4

### **PLEASE NOTE:**

**YOU MUST ALWAYS BE CAUTIOUS WHENEVER AN ALLERGIC RESPONSE IS SUSPECTED. IT IS ADVISABLE TO DISCUSS ANY POSITIVE RESULTS WITH YOUR GP OR PHARMACIST.**

Please also refer to advice given in the covering letter provided with the results.