

Mr Example Results
York Test Group Ltd,
Genesis 3,
Innovation Way
Heslington
YORK
YO10 5DQ
United Kingdom

Date: 30 October 2007
Contact ID: 332597

Dear Mr Results,

Thank you for choosing the LiverCheck test. Please find enclosed your LiverCheck results and support pack.

What should I do next?

1. Read through your LiverCheck lab results

Your results are divided into two sections as follows:

Personal details - Your individual test results are included in this section along with your BMI (body mass index) which is provided as a guide for your height and weight ratio.

Results - This section includes your individual colour-coded LiverCheck score, plus a summary of what your results mean.

2. Read through the Results Guidebook

It is important that your test results are read in conjunction with your Results Guidebook as this contains important information on your LiverCheck score.

3. Read the Lifestyle Planner

Taking the Lifestyle Audit in this booklet will help identify any factors that may be affecting your liver health. A 12 week planner is also included to help monitor changes to your lifestyle.

If you have any questions regarding your LiverCheck results, please do not hesitate to call the Customer Care team on **0800 1300 588**.

Yours sincerely,



Dr Gill Hart MIBMS



Your Test Results

Contact ID : 332597
Sample ID : 2007021086
Results Date : 30/10/07

Personal Details

Name : Mr Example Results Gender : Male
DOB : 21/11/1956 Age : 51 years 9 months
Weight : 78.00kg Height : 1.80m

Body Mass Index (BMI) score : 24 (normal range 18-25)

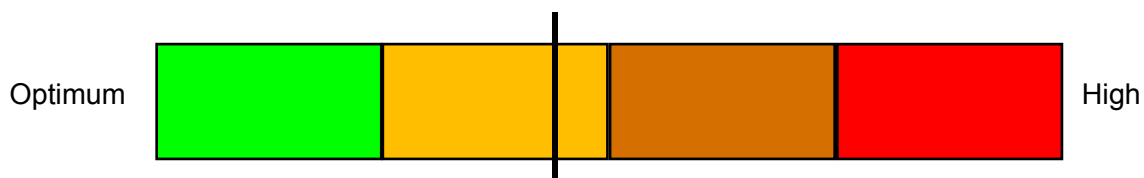
Liver enzyme levels :

AST level : 40 U/L (normal range 0 - 40)

ALT level : 51 U/L (normal range 0 - 41)

LiverCheck Result

Your overall LiverCheck score is AMBER



Result Summary

Your overall LiverCheck score is AMBER. This means that your liver health is less than optimal and you need to look at making changes to your lifestyle. The good news is that there are steps you can take from today to improve your liver health. We would advise you read the enclosed Results Guidebook, as it provides detailed information on your amber score (see pages 8 to 9). In addition, a Lifestyle Planner is also included which contains a Lifestyle Audit to help identify any risk factors that may be affecting your liver health. We would advise you to re-test in two to three months time.

LiverCheck results are provided for informational purposes only and are not a substitute for professional medical advice. You should not use this information for diagnosing or treating a medical or health condition. If you feel unwell or suspect that you have a medical problem, promptly contact your GP.